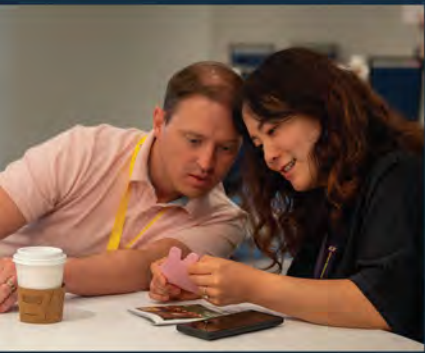


# ELEVATE your RELATIONSHIP!



Military life comes with unique challenges that can complicate relationships.

That's why Military & Family Readiness, in partnership with Air Force Aid Society (AFAS), is proud to offer **Elevate**—a skills-based program designed to help couples strengthen and sustain healthy relationships.



## ABOUT THE PROGRAM

- Classes are free
- Open to all Department of Defense ID card holders in a committed relationship
- Learn the 7-core skills and qualities for relationship success

## WHY PARTICIPATE?

- Connect with other couples in a supportive environment
- Elevate your relationship to the next level

## ADDED BONUS - It Pays to Elevate Your Relationship!

Air Force Aid Society will provide a \$160 grant for Air Force and Space Force active-duty members who complete the classes

Don't miss this opportunity to invest in your relationship, connect with others, and enjoy a financial reward!

Class Date:

**JANUARY 23, 2025**

Location:

000 West Spring Street  
City, State 00000

Contact your local **M&FRC** for more information.

000.000.0000 • email@address.com  
000 Street Address • City, State 00000