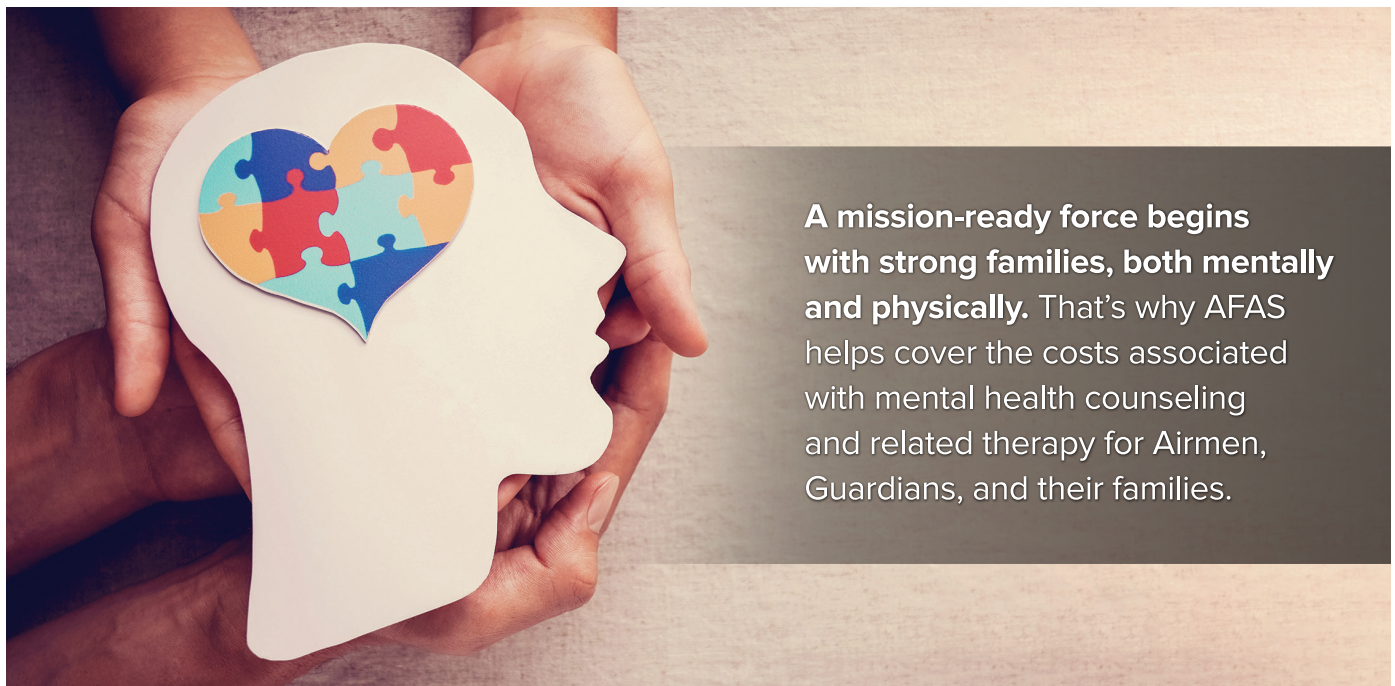


MENTAL HEALTH CARE & THERAPY



Eligibility

- ★ Active-duty Air Force and Space Force members (and their families)
- ★ Active Guard Reserve (AGR), Air National Guard and Reserve members activated under Title 10/32 for more than 15 days (and their families)

Program Benefits

- ★ **Choose Your Own Provider**
Service member decides who they want to see and AFAS will help cover the costs
- ★ **Quick Access to Funds**
Approved funds are deposited directly to service member via Zelle or ACH

Documents Required

- ★ **Military ID**
(Copy of front & back)
- ★ **Leave & Earnings Statement**
(End of month LES)
- ★ **Therapy/Counseling Estimate**
- ★ **Activation Order**
(if applicable)

Questions?

📞 703.972.2604
✉️ ea@afas-hq.org



To Apply

Visit afas.org and select *Request Assistance*
or
Scan QR Code

Air Force Aid Society

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