

GIVE PARENTS a BREAK (GPAB)

Supporting Air Force and Space Force families with child care when life's challenges make a break essential.



Eligibility

- ★ Active-duty Air Force and Space Force members
- ★ Air National Guard and Reserve members activated under Title 10, USC for more than 15 days

Program Benefits

- ★ **Financial Assistance**
\$40 per dependent child per month (up to 3 months)
- ★ **Provider Flexibility**
Funds can be used for any child care option
- ★ **Direct Payment to Families**
Approved funds are deposited to member via Zelle or ACH



To Apply

Visit **afas.org** and select *Request Assistance*
or
Scan QR Code

Documents Required

- ★ **GPAB Certificate**
Referred by one of the following:
 - Unit Commander/ First Sergeant
 - Chaplain
 - Doctor (or other medical professional)
 - Family Advocacy Personnel
 - Military & Family Readiness Center Personnel
- ★ **Confirmation Form**
(Included in application process)
- ★ **Military ID**
(Copy of front & back)

Questions?

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